
Stand-Alone Message

MEMENTO MORI

How embracing mortality prepares us for eternal life

Psalm 39:4-7

By Josh McNall

Introduction: On the list of things you shouldn't yell in a crowded room, "We're all going to die!" falls near the top. Death is an unpopular subject in many settings. It can seem scary, depressing, or uncouth. Yet the Bible is concerned not only with eternal life but with teaching us how to walk with Jesus in our own mortality.

Today's text: Psalm 39:4-7

1. Denial of our own mortality

2. Enslaving fear

3. Walking through the valley of the shadow of death.

4. Moving *toward* the wound of mortality