
Christmas 2021

THE SECRET OF CONTENTMENT

A New Year's Challenge / Philippians 4:11-13

By Josh McNall

Introduction: As we turn our gaze from Christmas to the new year (2022), millions of people are asking what might make this year better than the last. Is there a secret formula for a better, more successful life? In our commercial age, self-help products and programs try to fill this void. Yet they often fail to meet the deeper needs within us.

Today, we'll see what Paul had to say about the "secret" to a fuller life.

1. Paul's secret is not about consumption but contentment (v 12b).

2. Biblical contentment refuses to connect your worth with your "net worth" (v 11).

3. For Paul, true contentment came only through the Christ that he encountered in the midst of suffering (v 13).