

Sermon on the Mount: Jesus' Challenge to Authentic Discipleship – Week Fifteen

Healthy Relationships in a Fallen World, pt. 2

Emotional Intelligence is Essential to Discipleship – Matthew 7:7-12 (6)

Introduction: To relate effectively to God and people I need Emotional Intelligence. E.I. is the ability to mentally put myself in the mind of God and into the minds of people then respond responsibly and wisely.

- 1. *RELATING TO GOD – Under pressure E.I.-people pray remembering that God is our Father and wants to give. Matthew 7: 6-11***
 - A. The context – Disciples will encounter pressure and rejection. 7:6
 - B. The point – In the context of discipleship pressures we should entrust ourselves to God. 7:7-8
 - C. The perspective – As we pray, we're called to remember God's identity as Father. 7:9-10
 - D. The outcome – We should expect good things from God. 7:11

- 2. *RELATING TO PEOPLE – E.I.-people practice the golden rule. Matthew 7:12***
 - A. Getting oriented to the Golden Rule.
 - B. Understanding how to apply the Golden Rule.

- 3. *COMBINING THESE TWO IDEAS – True disciples are committed to the cultivation of emotional intelligence.***
 - A. How does emotional *non*-intelligence manifest itself?
 - B. How does emotional intelligence manifest itself?
 - C. What does emotional intelligence do for me?