

# Unity of the Body: Traveling Together

*Ephesians 4:1-16 (NASB & Message: Remix)*

## ***Introduction: 2 Minute Drill***

### ***WHAT - Unity of the Body***

Did you know that Jesus had one big prayer for His Disciples?

“...Holy Father, keep them in Your name, the name which You have given Me,  
**that they may be one** even as We are.” (*John 17:11*)

### ***SO WHAT - Traveling Together***

**Ephesians 4:1-7; 11-16 (NASB)**

Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, with all humility and gentleness, with patience, showing tolerance for one another in love, being diligent to preserve the unity of the Spirit in the bond of peace.

- What specific skills do you have?
- Where do you feel God is/has called you?
- Are there things or standards you hold to that cause *disunity*?

There is one body and one Spirit, just as also you were called in one hope of your calling; one Lord, one faith, one baptism, one God and Father of all who is over all and through all and in all. But to each one of us grace was given according to the measure of Christ's gift.

And He gave some as apostles, and some as prophets, and some as evangelists, and some as pastors and teachers, for the equipping of the saints for the work of service, to the building up of the body of Christ; until we all attain to the unity of the faith, and of the knowledge of the Son of God, to a mature man, to the measure of the stature which belongs to the fullness of Christ.

- God gave us your gifts and skills to serve:

As a result, we are no longer to be children, tossed here and there by waves and carried about by every wind of doctrine, by the trickery of men, by craftiness in deceitful scheming; but speaking the truth in love, we are to grow up in all aspects into Him who is the head, even Christ, from whom the whole body, being fitted and held together by what every joint supplies, according to the proper working of each individual part, causes the growth of the body for the building up of itself in love.

## ***NOW WHAT - Where will you join the Body in Unity as we travel together?***

### ***ONE LAST THOUGHT***

*“Even though this is late in an election year, there is no way we can go forward except together and no way anybody can win except by serving the people's urgent needs. We cannot stand still or slip backwards. We must go forward now together.” –Gerald Ford*